



Give Peas a Chance: The Foolproof Guide to Feeding Your Picky Toddler

Kate Samela

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Like every parent, you've probably...

- Begged, "Please, just take one more bite"
- Wondered if you should "sneak" nutrition into what you make
- Worried that your child is picky, and just getting pickier

A practical and easy-to-use guide from registered dietitian and pediatric specialist Kate Samela, *Give Peas a Chance* is everything you need to finally manage finicky toddlers at the table. You'll not only ensure that your child is getting good nutrition, but also promote a healthy relationship with food and expand the repertoire of even the pickiest of eaters!

"Kate Samela provides an easy-to-understand, scientifically valid approach to feeding picky toddlers."—Jeffrey S. Hymans, MD

"Kate Samela shows parents of toddlers that there's no need to press the nutritional panic button."—Lauren Slayton, MS, RD

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Patricia Thomas:

Spent a free a chance to be fun activity to accomplish! A lot of people spent their spare time with their family, or all their friends. Usually they performing activity like watching television, planning to beach, or picnic from the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? May be reading a book may be option to fill your free of charge time/ holiday. The first thing you ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the guide untitled Give Peas a Chance: The Foolproof Guide to Feeding Your Picky Toddler can be very good book to read. May be it can be best activity to you.

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Tony Sanford:

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