



My Journey to Her World

Michael Lurie

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This book is my story of how I came face-to-face with the devastating illness of depression and in particular postnatal depression, as I witnessed my wife suffer the traumatic effects that victims of this disease are subjected to. By sharing the story of our relationship from first meeting to present day, I hope to enlighten the reader by offering, unusually, the male perspective on postnatal depression and in a wider context, help sufferers to understand the plight of their partner. Being a male, I found it difficult to express my innermost thoughts. Help in the form of documented experiences was largely unavailable, thus my idea of sharing my own story was born. Cathartic and therapeutic at the time, I hope the underlying sentiments will reach many people, as they largely mirror any encounter with mental illness.

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Brandon Francis:

Playing with family within a park, coming to see the marine world or hanging out with pals is thing that usually you will have done when you have spare time, then why you don't try matter that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love My Journey to Her World, you are able to enjoy both. It is fine combination right, you still desire to miss it? What kind of hangout type is it? Oh seriously its mind hangout fellas. What? Still don't understand it, oh come on its known as reading friends.

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