



Art as Therapy: Planning and Setting Up Groups

Edith Kramer

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Edith Kramer is one of the pioneers in the field of art therapy, known and respected throughout the world. This collection of papers reflects her lifetime of work in this field, showing how her thoughts and practice have developed over the years. She considers a wide spectrum of issues, covering art, art therapy, society, ethology and clinical practice and placing art therapy in its social and historical context. Drawing on her very considerable personal experience as an art therapist, Kramer illustrates her conviction that art making is central to practice and cautions against making words primary and art secondary in art therapy. Art as Therapy offers a rare insight into the personal development of one of the world's leading art therapists and the development of art therapy as a profession. It will make fascinating reading for anyone interested in art therapy.

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