



## Middleton's Allergy Essentials

*Robyn E O'Hehir, Stephen T Holgate, Aziz Sheikh*

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For decades, health care practitioners have relied on *Middleton's Allergy* as their go-to reference for comprehensive information on allergic disorders. Now *Middleton's Allergy Essentials*, by Drs. Robyn E. O'Hehir, Stephen T. Holgate, and Aziz Sheikh, offers **a concise resource that's both easily accessible and highly authoritative**. Perfect for clinicians in primary and secondary care settings, this practical volume covers **what is most useful in your daily practice**, with a strong emphasis on disease diagnosis and management.

- A practical approach to **evaluation, differential diagnosis, and treatment** of allergic disorders, focused specifically on **what the non-specialist needs to know** for everyday practice.
- Each chapter begins with a **handy summary of key concepts** to help you quickly identify important information.
- Coverage of **today's hot topics** includes asthma, drug allergies, food allergies and gastrointestinal disorders, anaphylaxis, atopic dermatitis, and allergic contact dermatitis.
- **Concise sections on mechanisms** are included where relevant, keeping you up to date with this rapidly evolving field.
- Authored by **the same internationally recognized experts that produce *Middleton's Allergy*, the definitive text in the field.**
- Ideal for physicians, residents, general and family practitioners, nurse practitioners, primary care doctors, hospitalists, general internists - **anyone who is called upon to make effective diagnostic and treatment decisions regarding allergic disorders.**

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