



# Learning to Breathe Again: Choosing Life and Finding Hope After a Shattering Loss

*Tammy Trent*

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**Learning to Breathe Again: Choosing Life and Finding Hope After a Shattering Loss** Tammy Trent

Follow Christian singer/songwriter Tammy Trent as she tells of her beautiful love story turned tragic, still pointing to God as the source of all life and hope.

Theirs was a fairy-tale romance. Her husband, Trent, was Tammy's best friend and business manager. While vacationing in Jamaica in 2001, a routine free diving excursion in the Blue Lagoon turned drastically tragic when Trent never resurfaced. Unfortunately, the following day's events of 9/11 would create an incredible obstacle to Tammy's and her family's efforts to connect and handle these horrendous events.

Tearful prayers pleading with God to make Himself real have been answered, and God is slowly restoring Tammy's joy and hope, as she begins to sing and dance again for Him.

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