



Systematic Psychiatric Evaluation: A Step-by-Step Guide to Applying The Perspectives of Psychiatry

Paul R McHugh, Margaret S Chisolm, Constantine G Lyketsos, Phillip R Slavney

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The *Perspectives* approach to psychiatry focuses on four aspects of psychiatric practice and research: disease, dimensional, behavior, and lifestory. In *Systematic Psychiatric Evaluation*, Drs. Margaret S. Chisolm and Constantine G. Lyketsos underscore the benefits of this approach, showing how it improves clinicians' abilities to evaluate, diagnose, and treat patients.

Drs. Chisolm and Lyketsos use increasingly complex case histories to help the mental health provider evaluate patients demonstrating symptoms of bipolar disorder, psychosis, suicidal ideation, depression, eating disorders, and cutting, among other conditions. The book also includes an exercise that simulates the *Perspectives* approach side by side with traditional methods, revealing the advantages of a method that engages not one but four points of view.

Featuring a foreword by Drs. Paul R. McHugh and Phillip R. Slavney, the originators of the *Perspectives* approach, this innovative book will be used in psychiatric training programs as well as by practicing mental health clinicians.

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