

The Study Skills Toolkit for Students with Dyslexia (Sage Study Skills Series)

Monica Gribben



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The Study Skills Toolkit for Students with Dyslexia (Sage Study Skills Series) Monica Gribben 'This toolkit is the student's safety net offering user friendly, down to earth advice and real life skills that have been tried and tested by the author'

-Dr John Schneider, Educational Psychologist, Edinburgh

'This is exactly how I felt starting university ... a wonderful and very helpful book full of interesting and useful hints and tips on how to survive university as a dyslexic student. It doesn't make you feel silly or stupid but makes you feel you can achieve what you set out to do' -Sharon Patterson, Adult Nursing student, Edinburgh Napier University

'You realize you're in the hands of a professional who has taught thousands of students how to succeed at university'

-Holly Pellicer, Dyslexia Advisor, University of Oslo

Packed with helpful advice, checklists and templates, this book will help you improve your study skills throughout your time at university. Written in a straightforward, no- nonsense style, the guidance can be broken down into manageable chunks.

Issues covered include:

- procrastination

- planning your assignment

- understanding your essay question

- researching, writing and referencing your written work

- managing your own well-being.

Drawing on years of experience running study skills workshops in higher education, Monica Gribben has written an accessible book for students with dyslexia that shows how to work through the challenges that studying presents.

The companion Website www.sagepub.co.uk/gribben has podcasts, worksheets and electronic resources to support each chapter.

Monica Gribben is a private dyslexia consultant and Dyslexia Adviser at Edinburgh Napier University.

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