



# Parent Wars: Dealing with an Ex to Build Emotionally Healthy Kids

*Donald Dr Partridge*

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## Parent Wars: Dealing with an Ex to Build Emotionally Healthy Kids Donald Dr Partridge

To all co-parents, divorced parents, separated parents, single parents, and parents in stepfamilies seeking to stabilize your children, your search ends here!

**PARENT WARS** provides separated parents and professionals with the two missing Principles they have needed to build solid, emotionally healthy kids.

Now, regardless of either parent's failures, by acting on these revolutionary Principles, one separated parent alone can prevent--even reverse-- emotional damage in children and restore them to emotional health.

During the 15 years that the author worked with thousands of separated parents, he found that almost all of their children, young and old, had been negatively affected by their parents' separation. But, on remarkably rare occasions, some of the children, now adults, showed no signs of any trauma. How could this be?

How could individuals who had experienced so much loss have remained so completely undamaged--or, If they had been emotionally damaged, how had they become restored?

The extremely elusive answers to these important questions became the primary focus of the author's research over the next several years, and he found the answers!--two incredibly life-changing Principles that will preserve children's emotional health following their parents' separation.

And there's more.

Other discoveries by the author...

Most parents and professionals say: *We are confident that we know how children in separated-parent families are emotionally damaged.*

But unless we are aware of the emotional structure that exists within children, we can never completely understand how children are emotionally damaged and how they can be restored.

Most parents and professionals say: *We understand the types of conflict that negatively affect children.*

But we have discovered the true definition of conflict and the types of conflict that emotionally damage kids. What may be considered by parents and professionals to be a peaceful relationship between exes can actually be a form of conflict and damaging to children.

Most parents and professionals say: *Ending parent conflict rebuilds emotional health in children.*

But ending conflict alone will never rebuild kids. Ending conflict is one thing, rebuilding children is entirely different. Restoring children to emotional health requires new knowledge and a completely new set of skills.

Most parents and professionals say: *It is the 'bad' parent who tends to damage kids emotionally and the 'good' parent who tends to rebuild them.*

But we have found that *who* damages kids and *who* rebuilds them is largely unknown by parents and professionals. It is not always the 'bad' parent who damages kids or the 'good' parent who rebuilds them.

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