



Childhood Bipolar Disorder Answer Book: Practical Answers to the Top 300 Questions Parents Ask

Tracy Anglada, Sheryl M. Hakala

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*How does bipolar disorder affect learning? Is there a cure? Is this a fad diagnosis? How do I handle manipulation? How can I prevent relapses? Should I use alternative treatments? **How can I parent effectively?***

"We are certain that all parents whose children struggle with bipolar disorder will find this book indispensable."

- Demitri F. Papolos, MD, and Janice Papolos, authors of The Bipolar Child

Co-written by a doctor and a mother whose children live with bipolar disorder, **The Childhood Bipolar Disorder Answer Book** explains confusing medical lingo and provides straightforward answers to all your pressing questions about treatment, parenting strategies, and everything else.

- How is childhood bipolar disorder different from an adult onset?
- What are the earliest symptoms?
- Why is my child so irritable?
- How young can these symptoms manifest?
- Should all family members be evaluated for bipolar disorder?
- Will my child lead a normal life?

Written in an easy-to-read Q&A format, **The Childhood Bipolar Disorder Answer Book** helps you understand and accept your child and develop a plan for success.

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