



Sexual Dysfunction in Women (Advances in Psychotherapy: Evidence-Based Practice) (Advances in Psychotherapy - Evidence-Based Practice)

Marta Meana

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Sexual Dysfunction in Women is a concise yet detailed clinical guide to the treatment of sexual difficulties in women. Written with the general psychologist and therapist in mind and being published with a companion volume on Sexual Dysfunction in Men, it takes the novel position that most clinicians interested and willing to help female clients with sexual concerns can do so effectively, even if they do not primarily consider themselves as sex therapists. Many women will experience difficulties with desire, arousal, orgasm, or pain with intercourse at some point in the course of their lives, yet most clinicians feel less equipped to treat sexual dysfunction than far less prevalent disorders. This book empowers general psychologists, therapists, and other practitioners to actively engage in the multidisciplinary treatment of sexual disorders and broaden their knowledge base about sexuality, an important component of most clients' quality of life. It is both a go-to resource for professional clinicians in their daily work and an ideal resource for students and practice-oriented continuing education.

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