



# **Your Child Abroad: a Travel Health Guide (Bradt Travel Guides (Other Guides))**

*Jane Wilson-Howarth, Matthew Ellis*

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Your Child Abroad is a down-to-earth guide for anyone travelling overseas with children, whether on a two-week family vacation or a long-stay posting in the developing world. The approach is both reassuring and practical, showing how to deal with situations ranging from the relatively minor to the life-threatening. A check-list of symptoms for common complaints and a range of useful contacts and further sources of information will prove invaluable for parents who are far from on-the-ground medical attention. This new edition provides a thorough update on the latest medical advice, including information on anti-malarial drugs, insect repellents and immunisations as well as case histories to learn from.

Dr Matthew Ellis, co-author, says "The first edition of this book arose out of my search for a concise yet comprehensive health manual for first time parents in faraway places (there wasn't one), Jane's travel health expertise and the fact that we were Kathmandu neighbours. Over the decade since the first edition was launched we have observed an expansion in travel health advice but nothing has appeared which attempts to do what this book aims to do....provide concise yet comprehensive health advice for parents away from their usual health service providers".

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