



Body Signals: Healing through Physical Intuition

Robert K. Dubiel

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Body Signals: Healing through Physical Intuition is an in-depth look at using the body as a vehicle to receive messages from the Soul and from other aspects of the psyche such as Spirit Guides and the Inner Child. Author Robert K. Dubiel, Intuitive Coach and Global Shaman, shares many of his life experiences along the metaphysical path. Drawing from many spiritual traditions such as Caribbean spiritualism, the Hebrew Kabbalah, astrology and the East Indian chakra system, Dubiel provides clear guidelines on how to become sensitive to various templates of information inside the body. These provide points of reference for the reader, helping them to stay centered as they accelerate their spiritual growth. Dubiel includes channeling excerpts from his Spirit Guides, and from Ascended Masters such as the Christ Spirit, to provide the reader with a broader spiritual context beyond the technique of the Body Signals system itself. This book thus addresses and encourages the acceleration of consciousness which is sweeping the planet at this time. Feeling one's personal truth in the body provides a safe way to enhance one's spiritual growth without becoming ungrounded. Dubiel encourages spiritual independence and self-sufficiency by giving the reader practical tools to go deeper in understanding their life purpose, and the courage to embody it in the outside world.

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